

Counseling Center

Counseling Services is an outpatient program providing services to individuals experiencing substance abuse problems. Our Center is devoted to meeting the needs of patients utilizing a program of professional counseling in a caring environment.

Treatment Programming

- Intensive Outpatient Program
- Outpatient individual and group counseling
- Medication assisted treatment
- Assessment and referral
- Alcohol highway safety program
- Nicotine cessation program

Admission:

Patients may be referred to us from another treatment agency, healthcare professional or may initiate treatment on their own.

Referrals to our program may be made by calling 570-622-5898 between the hours of 8:00 a.m. and 4:30 p.m.

Cost and Insurance:

The cost for services at the program is covered by most insurance programs.

Treatment Setting:

LVHN Center for Counseling Services has two convenient locations:

LVHN Healthplex-St. Clair

502 South Second Street, Suite A
St. Clair, PA 17970

LVHN Health Center-Frackville

10 East Spruce Street
Frackville, PA 17931

570-622-5898 LVHN.org/schuylkill

RECOVERY

Congratulations on your choice to enhance, start, or continue your path through the recovery process!



What is a Certified Recovery Specialist? A Certified Recovery Specialist (CRS) is a person in long-term recovery trained to use their lived experiences to provide support to individuals before, during, and after their personalized journey. You will work with your CRS to collaborate and identify solution based outcomes to various barriers that have been presented to you. We will be focusing on wellness rather than illness.

WHAT ARE SOME AREAS A CRS CAN ADDRESS, ENGAGE AND offer support? The recovery process encompasses an individual's whole life, including mind, body, and spirit. Examples are: self-care, family, housing, employment, education, clinical treatment for mental disorders and Substance Use Disorders, MAT options, primary healthcare, dental care, faith, spirituality, social networks, and community participation. One of the most important steps is finding the right pathway that works for you! If you need support with one of these categories a Certified Recovery Specialist might benefit you. Recovery is personalized and unique to each individual.

We want to walk with you as you navigate through exploration of treatment and resources available to you in your community.

This program is completely voluntary. Discontinuing services with the Certified Recovery Specialist portion of your treatment at any time and will not affect other services LVH-Schuylkill Counseling provides to you.

Help is just a phone call away.

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LVHN Counseling Center–Schuylkill

Time to Quit

A Free Smoking Cessation Program for residents and businesses

The Time to Quit Tobacco Cessation Program supports and assists you as you create a plan to become tobacco free. Getting started is easy and help is just a phone call away. Call 570-622-5898 to set up an appointment. You can feel good again without depending on tobacco.

Our professional counselors know it is not easy to quit using tobacco. They also know what techniques and strategies work best.

Here's what we offer:

- Free Nicotine Replacement Therapy
- Coping with life without tobacco
- Stress management
- Avoiding weight gain
- Preventing relapse
- Free policy review and recommendations for your business

Our Tobacco Cessation Program is offered at no cost and is typically held weekly for six weeks at these following locations:

1. Lehigh Valley Hospital- Schuylkill- Counseling Center
502 South Second Street
Suite A
St. Clair, PA 17970
2. Lehigh Valley Hospital- Schuylkill Health Center- North
10 East Spruce Street
Frackville, PA 17931

Services can be offered on site at your business or at our practices.
Call today to begin a new life without tobacco!

570-622-5898

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